

**Short Stature**

Dear referring Practitioner,

- Please refer to a general pediatrician if your patient has not previously been evaluated for this concern. If you prefer to refer to general pediatrics clinic at McMaster, please fax to (905)521-4981.
- Please print and complete this page then fax back with the completed referral.
- Please send this completed application only once results for all required investigations are available. Referrals with pending results will not be triaged until results are available.

**Consult endocrinology when (please check box that applies to your patient) :**

- Child is less than 3<sup>rd</sup> percentile in height  
 Is >2 years of age  
 Growth velocity is < 4-5 cm per year

**or**

- Child has fallen away from their growth curve.

*Note that poor weight gain in the face of normal linear growth is **not** seen in endocrine clinic. Consider a GI referral.*

**Investigations required:**

- Previous growth parameters chart (height & weight) in WHO/CDC  
 Parental heights plotted on growth chart  
 Pubertal staging (Tanner staging) for breasts/testicular volume/length and pubic hair  
 Bone age X-ray (image to be sent with patient) or report to be sent with referral

**Baseline bloodwork** report to include:

- CBC  
 ESR  
 Creatinine  
 ALT  
 TSH  
 Free T4  
 Karyotype (female) if available  
 Celiac screening if not an additional cost to the family

**Triaging Urgency for Short Stature appointment:**

- **Elective** *unless other concerns*

We strive to meet the triaging times (below), but please note that times may vary in particular for non-urgent or elective referrals.

**Categories for Urgency:**

**Emergent-** *contact staff endocrinologist on call (905) 521-5030*

**Urgent** – within 7 days – *contact staff endocrinologist on call before sending referral (905) 521-5030*

**Semi-urgent**– 1 to 4 weeks

**Non-urgent** – 4-16weeks

**Elective** – Next available