

**Pubertal Delay**

Dear referring practitioner,

- Please print and complete this page then fax back with the completed referral.
- Please review the following checklist to ensure that all information is available for more efficient triaging and shorter wait times for your patient.
- Please send this completed application only once results for all required investigations are available. Referrals with pending results will not be triaged until results are available.

**Consult endocrinology when (please check box that applies to your patient) :**

For boys: no signs of puberty by 14 years of age

For girls: no breast development by 13 years of age or no menarche by 16 years of age

**Information/Investigations Required:**

Previous growth parameters (height & weight & BMI percentile) on a WHO or CDC growth chart (computer generated growth chart from EMR not accepted)

Pubertal staging (for breasts/testicular volume/length, as well as pubic hair)

Bone age X-ray (please send X-ray image with the patient)

LH

FSH

Testosterone (male)

Estradiol (female)

TSH

Free T4

Prolactin

Karyotype (female) if available

**Triaging Urgency for Pubertal Delay Appointments:**

- **Elective**—unless other concerns

We strive to meet the triaging times (below), but please note that times may vary in particular for non-urgent or elective referrals.

Thank you

**Categories for Urgency:**

**Emergent-** *contact staff endocrinologist on call (905) 521-5030*

**Urgent** – within 7 days – *contact staff endocrinologist on call before sending referral (905) 521-5030*

**Semi-urgent**– 1 to 4 weeks

**Non-urgent** – 4-16weeks

**Elective** – Next available