McMaster Pediatric Endocrinology
Outpatient Clinic Referral form for:

Pubertal Delay

Dear referring practitioner,

- Please print and complete this page then fax back with the completed referral.
- Please review the following checklist to ensure that all information is available for more efficient triaging and shorter wait times for your patient.
- Please send this completed application only once results for all required investigations are available. Referrals with pending results will not be triaged until results are available.

Consult endocrinology when (please check box that applies to your patient):

[ ] For boys: no signs of puberty by 14 years of age
[ ] For girls: no breast development by 13 years of age or no menarche by 16 years of age

Information/Investigations Required:

[ ] Previous growth parameters (height & weight & BMI percentile) on a WHO or CDC growth chart (computer generated growth chart from EMR not accepted)
[ ] Pubertal staging (for breasts/testicular volume/length, as well as pubic hair)
[ ] Bone age X-ray (please send X-ray image with the patient)
[ ] LH
[ ] FSH
[ ] Testosterone (male)
[ ] Estradiol (female)
[ ] TSH
[ ] Free T4
[ ] Prolactin
[ ] Karyotype (female) if available

Triaging Urgency for Pubertal Delay Appointments:

- **Elective**—unless other concerns

We strive to meet the triaging times (below), but please note that times may vary in particular for non-urgent or elective referrals.

**Thank you**

**Categories for Urgency:**
Emergent - contact staff endocrinologist on call (905) 521-5030
Urgent – within 7 days – contact staff endocrinologist on call before sending referral (905) 521-5030
Semi-urgent – 1 to 4 weeks
Non-urgent – 4-16 weeks
Elective – Next available