

**Menstrual Irregularities**

Dear referring Practitioner,

- Please print and complete this page then fax back with the completed referral.
- Please review the following checklist to ensure that all information is available for more efficient triaging and shorter wait times for your patient.
- Please send this completed application only once results for all required investigations are available. Referrals with pending results will not be triaged until results are available.

**Consult endocrinology when (please check box that applies to your patient) :**

- Irregular menses  
 Clinical evidence of hyperandrogenism (hirsutism, acne) **and/or:**  
 Biochemical evidence of hyperandrogenism (elevated free Testosterone/  
DHEAS/Androstenedione/ 17OHP)

**Investigations Required:**

- Free testosterone  
 Total testosterone  
 DHEAS  
 Androstenedione  
 LH  
 FSH  
 Estradiol (during follicular phase or after 2 months of amenorrhea)  
 17 OHP  
 Prolactin  
 TSH

**Triaging Urgency for Menstrual Irregularity Appointments:**

- Elective

We strive to meet the triaging times (below), but please note that times may vary in particular for non-urgent or elective referrals.

Thank you

**Categories for Urgency:**

**Emergent- contact staff endocrinologist on call (905) 521-5030**

**Urgent – within 7 days – contact staff endocrinologist on call before sending referral (905) 521-5030**

**Semi-urgent– 1 to 4 weeks**

**Non-urgent – 4-16weeks**

**Elective– Next available**