

Hypoglycemia

Dear referring Practitioner,

- Please print and complete this page, and fax back with the completed referral.
- Please review the following checklist to ensure that all information is available for more efficient triaging and shorter wait times for your patient.
- Please send this completed application only once results for all required investigations are available. Referrals with pending results will not be triaged until results are available.

Consult endocrinology when (please check box that applies to your patient) :

[] Documented low blood glucose ($<2.8\text{mmol/L}$) in child with no history of diabetes

Investigations Required:

[] Venous glucose

If possible, critical sample during period of hypoglycemia (blood glucose $<2.8\text{mmol/L}$ ***venous*** sample) including:

- [] Insulin
- [] Cortisol
- [] Growth Hormone
- [] Lactate
- [] Free fatty acids
- [] Ammonia
- [] Beta-hydroxybutyrate
- [] Total and Free Carnitine
- [] Acyl Carnitine
- [] Urine organic Acids
- [] Urine for ketones

Triaging Urgency for Hypoglycemia Appointments:

- **Urgent** if infant (contact staff endocrinologist on call (905) 521-5030)
- **Semi-urgent** if older child
- **Elective** if no documented hypoglycemia/vague history

We strive to meet the triaging times (below), but please note that times may vary in particular for non-urgent or elective referrals.

Categories for Urgency:

Emergent- contact staff endocrinologist on call (905) 521-5030

Urgent – within 7 days – contact staff endocrinologist on call before sending referral (905) 521-5030

Semi-urgent– 1 to 4 weeks

Non-urgent – 4-16weeks

Elective– Next available