

Diabetes Insipidus

Dear referring physician or nurse practitioner,

- Please print and complete this page then fax back with the completed referral.
- Please review the following checklist to ensure that all information is available for more efficient triaging and shorter wait times for your patient.
- Please only send this completed application once results for all required investigations are available. Referrals with pending results will not be triaged until results are available.

Consult endocrinology when (please check box that applies to your patient) :

- Polyuria (large amounts)
- Polydipsia
- Nocturia
- diabetes mellitus has been ruled out

Investigations Required:

- First a.m. electrolytes (sodium, potassium, chloride) and glucose
 - Serum Osmolality
 - First a.m. void—urine specific gravity and urine osmolality and glucose
- The above investigations must be drawn on the same day (a paired sample)

Triaging Urgency for query Diabetes Insipidus Appointments:

- **Non-urgent** unless of recent onset or features of other pituitary hormone or electrolyte abnormalities

We strive to meet the triaging times (below), but please note that times may vary in particular for non-urgent or elective referrals.

Thank you

Categories for Urgency:

Emergent- contact staff endocrinologist on call (905) 521-5030

Urgent – within 7 days – contact staff endocrinologist on call before sending referral (905) 521-5030

Semi-urgent– 1 to 4 weeks

Non-urgent – 4-16weeks

Elective– Next available