

Teasing and Bullying



Books for Parents

1. **The Bully, the Bullied, and the Bystander: From Preschool to High School, How Parents and Teachers Can Help Break the Cycle of Violence** by Barbara Coloroso, HarperResource (2009) ISBN:9780061744600
2. **Bullyproof Your Child For Life: Protect Your Child from Teasing, Taunting, and Bullying for Good** by Joel Haber and Jenna Glatzer, Perigee Trade (2007) ISBN:0399533184
3. **Bullying - What Adults Need to Know and Do to Keep Kids Safe** by Irene Van der Zande, (2011) ISBN:9780979619168
4. **Girl Wars:12 Strategies That Will End Female Bullying** by Cheryl Dellasega & Charisse Nixon, Fireside (2003) ISBN:0743249879
5. **Parent's Guide to Preventing and Responding to Bullying: Presented by School Bullying Council** by Dr. Jason Thomas, Create Space (2011) ISBN:9781461051565

Books for Children

6. **No More Teasing (Katie Woo)** by Fran Manushkin, Picture Window Books (2010) ISBN:9781404860568
7. **Blue Cheese Breath and Stinky Feet: How to Deal with Bullies** by Catherine Depino, Magination (2004) ISBN: 1591471125
8. **The Juice Box Bully: Empowering Kids to Stand Up For Others** by Bob Sornson and Maria Dismondy, Ferne Press (2010) ISBN:9781933916729
9. **Stand Up for Yourself and Your Friends: Dealing with Bullies and Bossiness and Finding a Better Way** by Patti Kelley Criswell and Angela Martini, American Girl (2009) ISBN:9781593694821
10. **Don't Pick On Me: Help for Kids to Stand Up to and Deal with Bullies** by Susan Green, Instant Help Publishing (2010) ISBN:9781572247130

Websites

<http://www.aacap.org/publications/factsfam/80.htm>
<http://www.bewebaware.ca/english/cyberbullying.html>
<http://kidshealth.org/parent/emotions/behavior/bullies.html>

About the suggested resources

The books and resources on this list are selected from the collection at the Family Resource Centre at McMaster Children's Hospital. The selection is based on parent and child feedback, and from on-going reviews at the Family Resource Centre. The inclusion of a particular resource does not imply an endorsement of the information or suggestions in that resource. Many of our resources are general in nature, and may not apply to your situation. Your health care professional is the best source of information about your child's health and concerns.

Family Resource Centre

The Family Resource Centre's mission is to help families and the community to become active participants in their own health and medical care. The Family Resource Centre offers resources to understand and cope with illness and hospitalization, to learn more about your child's health, to help other family members learn how to help the patient and themselves, and to learn more about wellness, prevention and the human body.

The centre has a wide collection of books, DVDs, pamphlets and online resources about the problems and concerns that bring patients to McMaster Children's Hospital. Services provided include:

Check-out

Borrowing privileges are available to families, staff, and community members.

On-line Resources

In addition to books, DVDs and pamphlets, much health information is available through the Internet. The family Resource Centre can help you to find these resources, as well as information from our consumer health information database.

Audio-visual Materials

Your health-care provider may suggest that you view a particular DVD, or you may want to browse our collection.

For more information visit www.mcmasterchildrenshospital.ca

*The Family Resource Centre,
where knowledge grows.*

