

Here's some suggested resources about:

## BEHAVIOUR PROBLEMS

### Books

1. No More Misbehavin': 38 Difficult Behaviors and How to Stop Them by Michele Borba, Jossey-Bass; (2003) ISBN: 0787966177 **HPL**
2. Kids are worth it! Revised Edition : Giving Your Child the Gift of Inner Discipline by Barbara Coloroso, Harper Resource; Rev. Ed. (Sep. 2002) ISBN: 0060014318 **HPL**
3. The Difficult Child by Stanley Turecki, Bantam ; 2nd Rev. Ed. (Mar. 2000) ISBN: 0553380362 **HPL**
4. How to Behave So Your Children Will, Too! by Sal Severe, Penguin USA; (July, 2003) ISBN: 0141001933 **HPL**
5. Your Defiant Child: Eight Steps to Better Behavior by Russell Barkley, Guilford Press; (Oct., 1998) ISBN: 1572303212 **HPL**
6. Discipline: The Brazelton Way by T. Berry Brazelton, Perseus Publishing; (Jan., 2003) ISBN: 0738207837 **HPL**
7. Making Children Mind Without Losing Yours by Kevin Leman, Fleming H Revell Co; (Sept. 2000) ISBN: 0800757319 **HPL**
8. Raising Your Spirited Child: A Guide for Parents Whose Child Is More Intense, Sensitive, Perceptive, Persistent, Energetic by Mary Sheedy Kurcinka, Perennial Press; (1998) ISBN: 0060923288 **HPL**
9. Rage, Rebellion & Rudeness: Parenting Teenagers in the New Millennium by G. Scott Wooding, Fitzhenry & Whiteside Limited; (July, 2003) ISBN: 155041755X **HPL**
10. Backtalk: Four Steps to Ending Rude Behavior in Your Kids by Carolyn Crowder, Fireside; (Mar. 1998) ISBN: 068484124X **HPL**

### Websites:

<http://www.aacap.org/publications/factsfam/>

<http://www.caringforkids.cps.ca/behaviour/>

The books and resources on this list are selected from the collection at the Family Resource Centres at McMaster Children's Hospital. The selection is based on parent and child feedback, and from on-going reviews at the Family Resource Centre. The inclusion of a particular resource does not imply an endorsement of the information or suggestions in that resource. Many of our resources are general in nature, and may not apply to your situation. Your health care professional is the best source of information about your child's health and concerns.



### **Family Resource Centres McMaster Children's Hospital (905) 521-2100**

McMaster location: extension **73536**

Chedoke location: extension **77243**

The Family Resource Centres are dedicated to helping our families and the community to become active participants in their own health and medical care. The centres have a wide collection of books, videotapes, audiotapes and magazines and pamphlets about the problems and concerns that bring patients to McMaster Children's Hospital.

These resources are available on loan, and our staff and volunteers are available to assist you during most times. Please call the centre you will be visiting to confirm times that staff are available. For further information, please visit our web site at: <http://www.mcmasterchildrenshospital.ca/>

### **Hamilton Public Library (905) 546- 3200**

**HPL**-This symbol means the book or resource is available at the Hamilton Public Library, which has an extensive collection of both popular and reference materials related to family health and disability. For access to their catalogue, and further information about branch locations and hours of service, please visit their web site at:

<http://www.hpl.ca>